

Nature of Services and Confidentiality Statement

Nature of Services

This office offers psychotherapy, personal and career counseling, and psychological assessment services for enrolled students using individual, couples and group formats. While there are a number of different approaches that can be used to address a client's issues, it is preferred to use approaches that have been supported through scientific research. Specific information about the type of counseling/therapy to be used will be discussed between you and your counselor. You should evaluate this information along with your own opinion about whether you feel comfortable working with a particular counselor. Should you have any doubts or desire a different approach to address your issue (s), you will be assisted in finding an appropriate referral to another mental health professional.

Confidentiality

In accordance with ethical guidelines, what you discuss with a mental health professional is kept confidential. Your written permission will be required to release information to other parties (i.e. spouse, family members, or outside institutions). There are circumstances where information can be released without your consent or authorization. These include:

- ◆ If you are at risk of being a threat or danger to yourself, a mental health professional is permitted to release information necessary for the purpose of your protection (such as contacting family members or seeking hospitalization).
- ◆ If an immediate threat of physical violence against a readily identifiable victim is disclosed, your counselor may take action, which may include notifying the potential victim (s), notifying the police or seeking hospitalization.
- ◆ More limits to confidentiality can be found at our website: <http://www.tamug.edu/counsel/confidentiality.htm>

RESOURCES

TAMUG Police Department

200 Seawolf Pkwy Bldg. 3025 Suite 121

Galveston, Texas 77551

Hours of Operation:

24 hours a day 7 days a week

(409) 740-4545

TAMUG Counseling Services

Seibel Student Services Building

Office Hours: M-F 8am-5pm.

Phone: 409-740-4736

Email: Studentservices@tamug.edu

After hours emergencies contact

TAMUG PD (409) 740-4545

or 911

Crisis Hotline of Galveston

409-741-TALK

(409-741-8255)

Anyone. Anytime. Any Crisis.



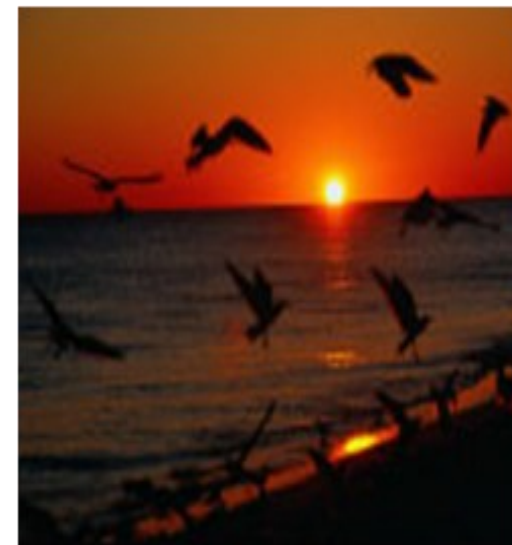
"Life's problems wouldn't be called "hurdles" if there wasn't a way to get over them". ~ Author Unknown



TEXAS A&M
UNIVERSITY at GALVESTON

Counseling & Career Services

...A Department in the Division of Student Affairs



Helping our students to soar through transitions of
college life and beyond.

Personal Counseling ◇ *Career Counseling* ◇ *Peer Educator Program*
◇ *Substance Abuse Program*
◇ *Disability Services* ◇ *Health Services Liaison* ◇
◇ *Study Abroad* ◇ *Student Veteran's Association*

The Counseling Office provides tools for your personal, academic and professional success.



Career Counseling & Assessment Center

The Counseling Office can help you make informed plans about vocational opportunities, choosing a major, or graduate study. We can assist you with learning more about your interest, personality, abilities, and values.

Stress Management

Instructional workshops and individual counseling offer you a chance to learn how to cope with general stress and/or anxiety about specific situations.

Personal Counseling

Counseling provides an opportunity for you to talk to a counselor about yourself, how you relate to others, your values and other topics that may concern you.

Relationships/Dating/Marriage & Couples Counseling/ Human Sexuality

Relationships, couples, premarital, marriage, divorce counseling is available. In addition, the counseling office provides both men and women the chance to talk about sexual development, sexual identity, and other related concerns.

Diversity/Multicultural Issues

We as counselors believe in equal rights for everyone and support the HRC-Human Rights Campaign.



TEXAS A&M
UNIVERSITY at GALVESTON

Counseling Staff

Ken Bailey, M.A., LPC. –Director of Counseling & Career Services

Ken has been in student services since 1991 and has been with Texas A&M Galveston since 2002. He has a BA in Rehabilitation from WV Wesleyan College and a MA in Counseling from Marshall University. Ken became a licensed professional counselor in 2008. Prior to working at TAMUG, Ken worked at Marshall University, Marietta College and Augustana College.

Dr. Rick Ertell, E.D. LPC Supervisor– Assistant Director of Counseling & Disability Services

Rick is new to TAMUG but has quickly become an integral part of the counseling team serving as disabilities coordinator and assisting in many other areas. Rick is active in the community having served on many boards and committees. He has been honored by his former students on multiple occasions by being recognized as Who's Who Among American Teachers. Rick is also a veteran of the United States Navy. Rick is a Licensed Professional Counselor Supervisor. He is certified by the State of Texas as a Special Education Teacher, Counselor, Special Education Counselor, and Principal.

Daisey McCloud, M.A.P.C.P. LPC.-Intern– Assistant Director of Career & Counseling Services

Daisey has been a member of the TAMUG counseling staff since March 2009. Previously, she worked for Houston Baptist University for over 10 years in Career and Counseling Services. Daisey has a B.A. degree in Psychology & Sociology, and a M.A. in Pastoral Counseling and Psychology, both from Houston Baptist University. She has also earned 60 hours towards her doctorate degree and is a Licensed Professional Counselor-Intern.

Diane Manley, MS, Student Development Specialist

Diane is a graduate of Texas A&M University and has her masters degree in counseling from the University of Houston Clear Lake. She is working toward her licensure as Licensed Professional Counselor. Diane works with students on substance abuse issues and career advising among other things.

Audrey Hamilton-Sr. Office Associate

Audrey has been employed with TAMUG since September 2006. She recently joined our team in the counseling center. She earned her Associate in Applied Science-Accounting in December 2010. She also sits on the board of Positive Efforts, Inc., Living Beyond Autism Organization, and a member of National Black Women HIV/AIDS Association.

ADDITIONAL SERVICES

The primary services provided through the counseling offices are educational, career, and personal counseling. Additional services or resources that are available through the counselor to both undergraduate and graduate TAMUG students include

- ◆ Substance Abuse Prevention and Education
- ◆ Disability Services/Accommodations
- ◆ Career Assessments
- ◆ Health Services Liaison
- ◆ Crisis Intervention
- ◆ Provide QPR Training
- ◆ Workshops and Group Counseling

HOW TO RECEIVE SERVICES

Come to the Counseling Offices, Bldg. 3025, and tell the receptionist that you need to see a counselor. Counseling appointments are available upon request. No appointment is needed for emergency services or to use the self help materials in the counseling office.

Texas A&M University has a strong institutional commitment to the principle of diversity in all areas. In that spirit, admission to TAMUG and any of its sponsored programs is open to all qualified individuals without regard to any subgroup classification.